There are dozens of native Texas edible plants and some of these are probably in your back yard. Since developing an interest in Texas native edible plants, I have discovered tasty tidbits all around the neighborhood. Examples are acorns, wild garlic, wild onions and the flowers and fruit of the Turk’s Cap. In addition to these, there are dozens of others waiting for your palate.

However, because I have just begun the search and am not knowledgeable enough to give you a list, I can give you some great resources on edible plants.

The books with COLOR pictures are listed here for you.

Kallas, John, *Edible Wild Plants*, Gibbs and Smith, 2010
Thayer, Samuel, *The Forager’s Harvest*, Forager’s Harvest, 2009

The two best books without color pictures are as follows,

Tull, Diana, *Edible and Useful Plants of Texas and the Southwest*, University of Texas, 1987. This is quite a good encyclopedia-like text.


Linda also has a newsletter that contains great ideas for recipes. [www.OftheField.com](http://www.OftheField.com) or [www.LindaOfTheField.com](http://www.LindaOfTheField.com). You will find her newsletter fascinating.

And if you want to travel the world looking for edibles instead of here in Texas, check out the publication listed here.


Start by taking a walk around your neighborhood, keep your eyes open for edible possibilities, and have fun. So when your palate is your priority, branch out into the unknown and try something new!

Have any questions about gardening in Central Texas? Contact [ask bcmga@gmail.com](mailto:ask.bcmga@gmail.com)