

NECTAR PLANTS FOR BUTTERFLIES

FLOWER	FLOWER COLOR
Asters	Pink, purple, lavender, white
Black-eyed Susan	Yellow
Blazing Star	Lavender
Butterfly bush	Purple, lavender, white
Butterfly weed	Yellow
Coneflower	Dark pink
Cosmos	Yellow, orange
Flame Bush	Red-orange (good for hummingbirds also)
Golden dewdrop	Lavender
Goldenrod	Yellow
Ironweed	Purple, pink
Jatropha, Peregrina	Red, pink
Joe Pye Weed	Pink, lavender, white
FLOWER	FLOWER COLOR
Lantana	Yellow, orange, white, pink, lavender, and combinations
Mexican flame vine	Orange
Mexican heather	Lavender
Mexican sunflower	Orange
Pentas, Star cluster, Egyptian star flower	Red, pink, lavender, white
Phlox	Purple, pink, red, white
Pink candle celosia	Pink and white
Porterweed	Purple, blue coral
Salvia (some species)	Red, pink, lavender, blue
Verbena	Purple, lavender, blue, red, pink, white
Zinnia	Yellow, orange, red, pink, white

FOOD PLANTS FOR CATERPILLARS

BUTTERFLY SPECIES	FOOD PLANT FOR ITS CATERPILLAR STAGE
Black Swallowtail	Dill, parsley, anise, fennel, carrots, rue
Giant swallowtail	Citrus, rue, money tree, prickly ash
Spicebush swallowtail	Camphor tree, spicebush, sweet bay, red bay, sassafras, tulip tree
Pipevine swallowtail	Dutchman's pipevine
Cloudless sulphur	Senna, partridge pea
Little sulphur	Partridge pea
Cabbage butterfly (sometimes considered a pest)	Cabbage, broccoli, cauliflower, brussel sprouts, kohlrabi
Monarch	Milkweeds
Queen	Milkweeds
Gulf fritillary	Passionflower vines
Zebra longwing	Passionflower vines
Viceroy	Cottonwood, poplar, willow
Red-spotted purple	Willow, cottonwood, black cherry
Red admiral	Nettles, false nettle
Buckeye	Plantain, snapdragon
Painted lady	Hollyhock, thistles
Pearl crescent	Aster
Texas crescent	Shrimp plant, dicliptera, ruellia
Hackberry butterfly	Hackberry
Tawny emperor	Hackberry
Snout butterfly	Hackberry
Question mark	Hackberry, elm
Goatweed butterfly	Goatweed (Croton spp.)
Giant purple hairstreak	Mistletoe
Gray hairstreak	Various legumes